

INFO PACK RURAL YOUTH against Depopulation

Key Action 3: Youth Dialogue Project

ÁLORA -
MÁLAGA, ESPAÑA
7TH-12TH OCTOBER 2022

SOME INFORMATION ABOUT OUR PROJECT...

RURAL YOUTH AGAINST DEPOPULATION is an exchange of young people within the frame of Erasmus + related to life of young people in rural and peripheral areas, reflecting about its benefits and challenges and establish a dialogue with decision makers oriented to exchange ideas and propose policies that could help to the young people of rural areas to be more proud about their places and generate opportunities to fight against depopulation in the villages

This youth meeting will bring together 36 young people between 18-25 years old coming from 6 different countries, who want to reflect on how to create a dialogue between young people and decision makers of rural areas in order to have the chance to "stay rural".

Nowadays people from rural areas, especially young people, suffer a rural exodus. The migration of a lot of people from rural areas to urban areas. The lack of opportunities and resources give a sensation of overwhelming that finally tires us until the point that the people lose the motivation and the passion to remain their place. We want to give the opportunity to empower, reflect and to share the riches of the rural areas in order to recognize it.

Our project wants to develop different workshops and activities with the aim of increasing the knowledge and skills of young people living in rural and peripheral areas, to break the stereotypes that are around these, to understand that differences make us special and stronger.

Some of the activities that we will do together will be reflecting on the realities of each region, visiting the riches of rural areas, popular games as tools to use in youth work and dialogues with local and regional decision makers.

All of this will be also focused on enhancing inclusion equality among participants and to include participants with fewer opportunities.

Objectives:

- Sensitize youngest about rural life and its benefits;
- Encouraging cultural awareness and expression;
- Promote inclusion through common activities that focus in the motivation instead of differences;
- Support rural diversification, including on-farm diversification towards non-agricultural and other non-primary production activities;
- Encourage the dialogue between youth and decision makers;
- Developing skills among young people as future youth workers and developing key competences: social and civic competences, linguistic skills and creativity;
- Increase awareness of young people about their self esteem linked to rural young people, encouraging their active participation in their local communities;
- Increase the opportunities and possibilities for youngsters to stay in their local communities.

COUNTRIES AND PARTICIPANTS:

6 countries (Italy, Portugal, Türkiye, Poland, Spain, Romania,) represented by 6 participants each (age 18 – 25* years old).

Within the 6 participants, there will be:

- 1 leader of the group (+ 18y.o., no age limit)
- 1 people active in policy making (+18, no age limit)
- 4 young people (18-25 y.o).

*Policy makers: they can be active local politicians of the region, youth counselors or young people active in policy making or activism in their local communities.

* Gender balance would be advisable.

* Participants preferably with a covid vaccination certificate. (If they are not vaccinated, they can enter Spain with rapid tests, and they will need to hire travel insurance that covers possible quarantine. The costs of the test and insurance are not covered by the organization.)

WHEN:

The dates will be **from the 7th to 12th OCTOBER 2022** (including arrival and departure days).

WHAT PARTICIPANTS WE ARE LOOKING FOR

- Youngsters who want to participate in their local community, ready to empower themselves enjoying and developing their passions.
- Youngsters who are willing to share their experience about rural lifestyle, to learn from others, respect their similarities and to grow personally and professionally.

WHERE:

The venue will be in a small and beautiful town called ÁLORA, from the province of MÁLAGA.

Álora is a town with 12.000 inhabitants well known for its white houses, its beautiful castle and the main touristic natural monument “El Caminito del Rey”. Álora is a town located in a rural area and the means of transport from Álora to Málaga or other bigger cities are few. Also the means and facilities are limited so young people from this town have fewer opportunities than people from the city or the coastal areas (fewer studies opportunities, jobs, leisure activities, youth hostels, cultural activities or also inclusive activities).

We work in our town and region because we believe in the power of our territory and we fight against depopulation of rural areas by enhancing youth participation and motivation, and demonstrate that with motivation, everything is possible. Our next goal as association is to have a place that we could call “house” where people with disabilities could develop inclusive activities and where we could host youth exchanges and youth activities. Right now this place is in process to be built and in the meanwhile we are committed to keep developing youth activities using the facilities that we have in our town.



Castle of Álora



Caminito del Rey-El chorro

The activities will be in the Training Center. This center is a space where young and adult people from Álora develop different participative and training activities such as local workshops, inclusive activities, training activities with the aim of improving the opportunities to access the work market, music classes or english workshops.

Here we count on different rooms where we can work and a big space for accomodation.

The accommodation will be in shared rooms. There will be three big rooms equipped with single mattresses. We have also 9 WC in the building.

The showers are placed nearby in the municipal sports facilities.

One of the goal of the project is being aware of the achievements that we can obtain if we work together, understanding the needs, abilities and possibilities of each person and in this sense, we would like to demonstrate that also a project like this can be hold in a rural area, maybe with fewer infrastructures, but with lots of motivation and good work to develop high quality projects.

Finally, we can guarantee that the welcoming and charming spirit of the people of Álora will make your experience here unforgettable, full of nice activities to complement our schedule of activities such as visits to the castle of Álora or “El Caminito del Rey”, a wonderful and breathtaking trekking path in the middle of the mountains of “El Chorro”.

“Training Center”-Place of activities

Example of sleeping room



Room of Activities



Dinning Room

Check OUT Time: 12th of OCTOBER at 09h.30 a.m.

Check IN Time: 7th of OCTOBER from 15h.00 p.m.

FINANCIAL CONDITIONS:

The cost of the food and accommodation will be covered 100% by the Spanish National Agency, furthermore, travel costs will be granted with an amount according to the travel distance and Erasmus + Guides 2020.

- For travel distances between 500 and 1999 KM: 275 € per participant (Italy and Portugal).
- For travel distances between 2000 and 2999 KM: 360 € per participant (Romania, Poland and Türkiye).

Please, pay attention to the ceiling for the travel costs per country that we cannot go above (if your tickets are more expensive, you need to cover the difference on your own).

You must use the cheapest travel option that is possible (buses, trains, low cost airlines, etc.).

Remember to keep all your boarding passes and original travel tickets so we can reimburse you the travel costs according to your expenses.

The travel cost will not be reimbursed to people who are not taking part in the entire youth exchange or not respecting the rules of the project.

WHAT BASIC RULES DO I NEED TO RESPECT?

Wi-Fi is not available in the building;

Participants will have to bring their own towels (bed sheets are provided);

There is no possibility to extend your stay at the Youth Center , due to the fact that there are other reservations;

The Youth Center installations is a smoke free area, thank you for don't smoke!;

It is absolutely forbidden to consume alcohol at the Youth Center;

Participants have to respect the Youth Center installations, rooms and common areas. If they break something they will pay for that;

It's forbidden to consume food in the rooms or to take room out of the common dining room; participants are not allowed to move furniture;

Quiet hours is from 12.00 at night to 8.00 in the morning;

When leaving the Center, the participants will help the organization to tidy up the installations.

WHAT DO I NEED TO BRING?

October is usually a month with good temperatures and during the night maybe it will be a little bit cold, especially inside because in the Youth Center there is not the heater, so please, be prepared for these conditions and bring these important items with you:

- Comfortable and light clothes for the day. Some heavier clothes for the night.
- Towels, toiletries and items for personal hygiene (although there are also some shops in the town in case you need to buy something);
- Staff for the Intercultural Dinner: Local products from your area;
- Your ID and insurance documents (**European Health Insurance Card**) or **PRIVATE TRAVEL/HEALTH INSURANCE**.
- **Your VACCINE CERTIFICATE, RECOVERY CERTIFICATE OR NEGATIVE COVID-TEST RESULT to ENTER SPAIN.**
- Good Mood!! ☺

WHAT DO I NEED TO PREPARE BEFORE COMING?

1. We would like to know your country through your typical food and drinks, so please, prepare a nice table for **the Intercultural Evening**.
2. We will know your region, especially focussing on the pros and cons of living there, and prepare a small presentation about it.
3. Some ice breaking games would be very welcomed to start our sessions with them.

You can prepare this information in the format that you prefer (video, theater, photos or MUSIC...), only remember, **be creative and bring with you all your talents**

HOW TO ARRIVE TO ÁLORA?

Málaga has one of the biggest airports in Spain, so hopefully you will find direct flights to Málaga. At the airport, you will take the Train CERCANÍAS:

1. Go to Terminal T3 in the airport to take the train (it leaves every 20 minutes). You can access T3 terminal building from the square outside arrivals and from departures. There is just a line, called C1 RENFE CERCANIAS, but you have to be sure that your destination is MÁLAGA CENTRO.
2. Buy a SINGLE ticket at the vending machine to ÁLORA - just a single ticket.
3. Take the train from airport (terminal T3) and make sure it is heading towards Málaga Centro.
4. Promptly get off the train at the stop VICTORIA KENT (which it is the 2nd stop: Aeropuerto/ Guadalhorce/ Victoria Kent (Correspondencia Línea C-2)/Málaga María Zambrano, Málaga Centro).
5. Once you are in the STOP VICTORIA KENT, you have to change the train DESTINATION ÁLORA. Line C2.

6. You will be on this train about 40 minutes, and then you have to get off the train at the stop ÁLORA (which is the 7th and last stop: Victoria Kent (Correspondencia con Línea C-1)/ Los Prados/ Campanillas/ Cártama/ Aljaima/ Pizarra/ **Álora**).

7. From Álora Train Station there is a navette that will bring you to the town center -You need to go down at the PISCINA STOP (swimming pool stop)- where we will be waiting for you to go to the accommodation.

If you arrive earlier to Málaga, you can take the opportunity to see the city a little bit, so you have to take the same train from the Airport to Málaga Centro, (buying single ticket to Málaga Centro), and stop at the last stop “Málaga Centro”.

Then you can take the train from Málaga-Centro towards Álora , buying a single ticket to “ÁLORA”.

HOW TO CONTACT US

For further information and to send the information required: imaginaerasmusplus@gmail.com

To contact us by phone in case you need it:

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IMAGINA TEAM

