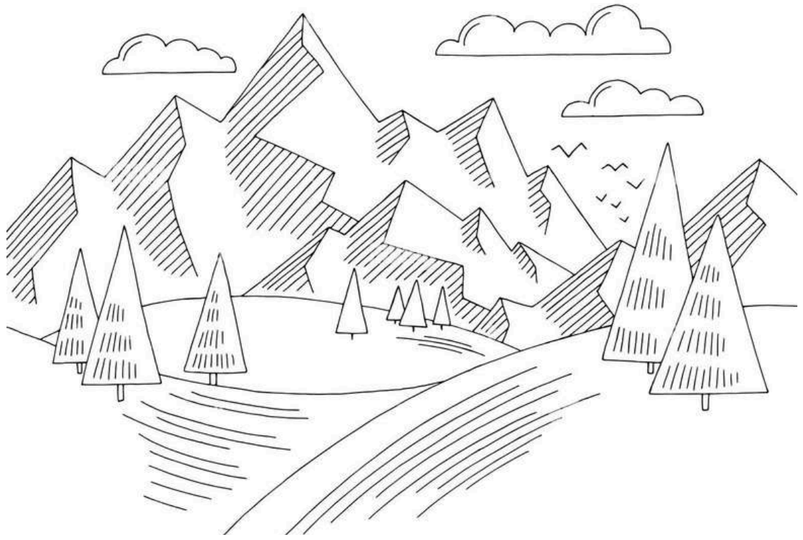
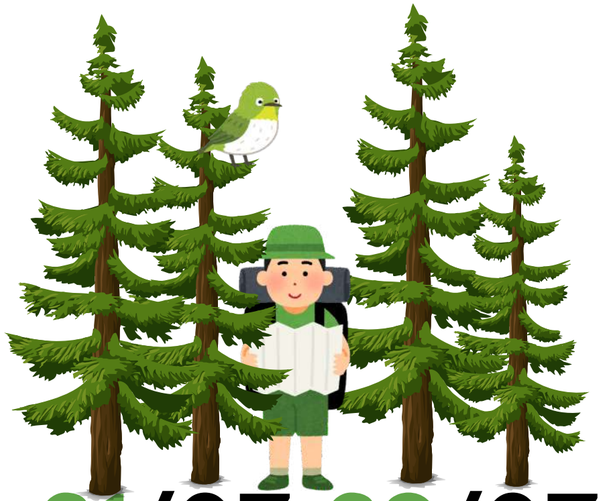


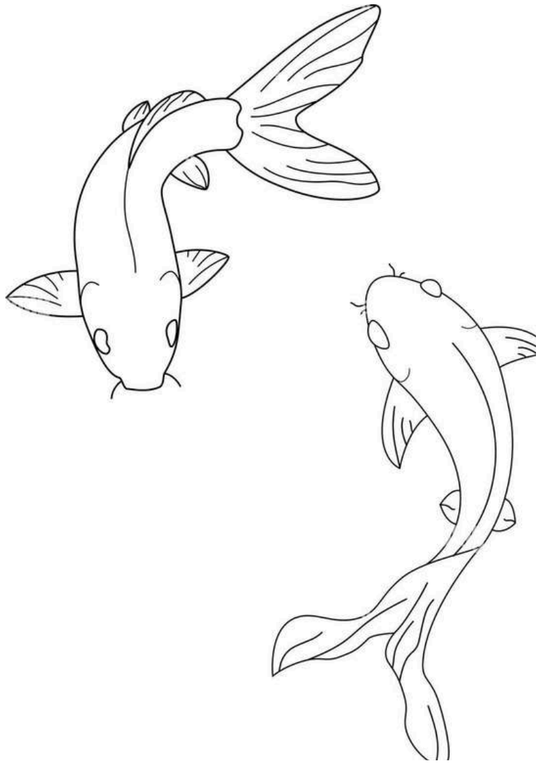


GREEN SOULS





21/07-29/07





Recoaro Terme, Italy



WHAT IS IT ABOUT?

"Green Souls" is a youth exchange program focused on sustainability and promoting a healthy lifestyle. The project offers participants the opportunity to engage in nature-based activities, such as trekking and group challenges, designed to build teamwork, leadership, and problem-solving skills.

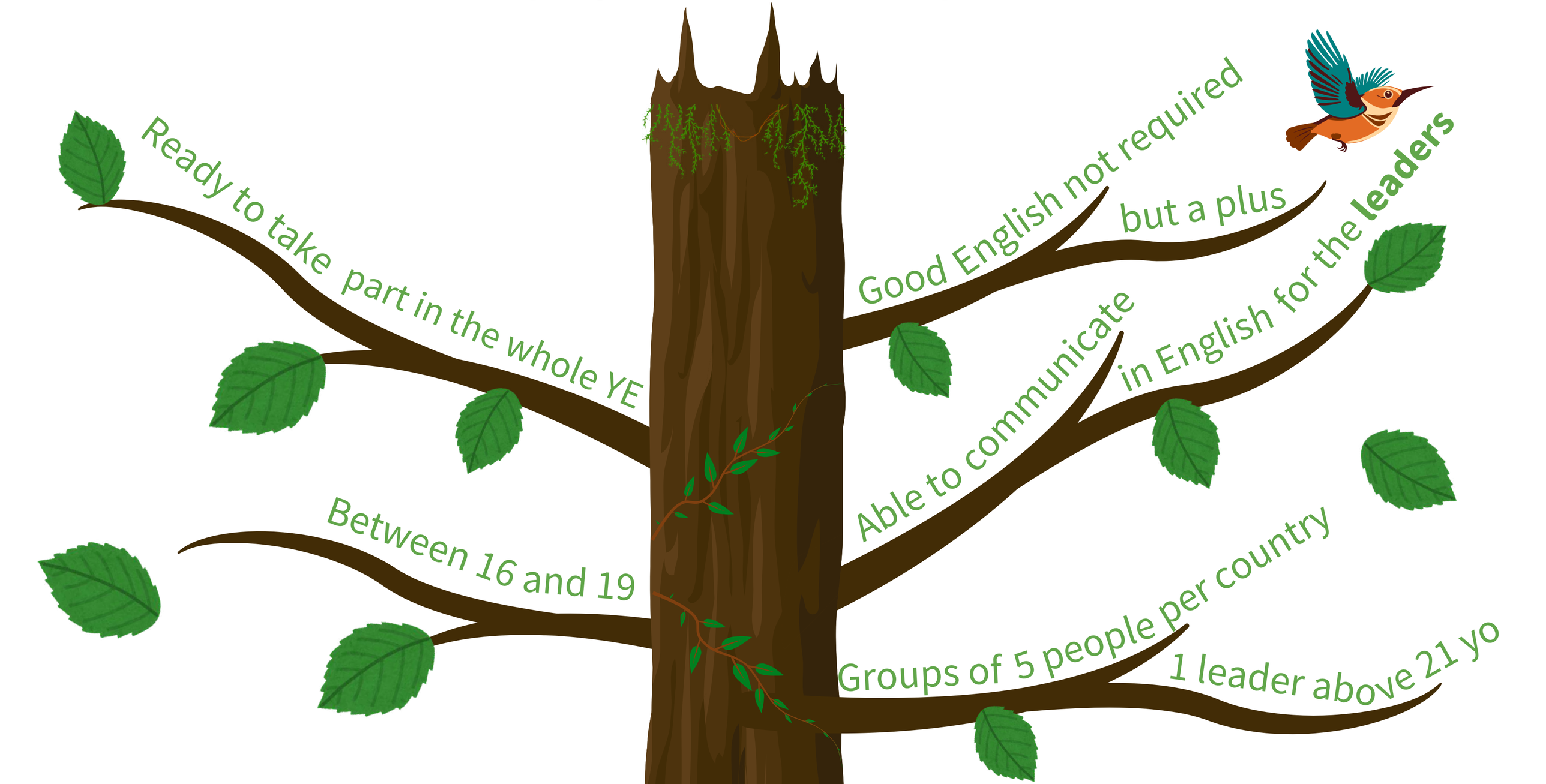
By immersing themselves in outdoor environments, participants will reflect on their personal values, their impact on the planet, and the importance of living in harmony with nature. The exchange aims to foster cooperation, mutual support, and a deeper connection to both the natural world and their own emotional well-being.

Through these experiences, young people will gain a better understanding of how to approach daily challenges with resilience, mindfulness, and a commitment to sustainability.





WHO CAN PARTICIPATE



ACCOMODATION



Hotel ISOLA, is a former hotel that now is only available to private customers. It is located in the center of Recoaro Terme. It will be self-managed by us (NO HOTEL STAFF).

You need to bring, bedsheets/pillow cases OR a sleeping bag, your hygiene products, a water bottle and possibly hiking shoes.



PROGRAMME

	Day 1 - 21/07	Day 2 - 22/07	Day 3 - 23/07	Day 4 - 24/07
8h00 - 9h00		**Breakfast** Group Leaders Meeting	**Breakfast** Group Leaders Meeting	**Breakfast** Group Leaders Meeting
9h30 - 11h00		Getting to know each other	Introduction into the topic	Connecting to nature
30 min		**Cofee Break**	**Cofee Break**	**Cofee Break**
11h30 - 13h00		Activity proposed by leaders (Czech Republic) Teambuilding	Hike to Santa Giuliana Spring	Survival Day
13h-14h	**Lunch**	**Lunch**	**Lunch**	**Lunch**
15h00 - 16h30	Arrival of the participants	Introduction to the project and youth exchange programme	Activity proposed by leaders (partner 2)	Survival Day
30 min	**Cofee Break**	**Cofee Break**	**Cofee Break**	**Cofee Break**
17h00 - 18h30	Welcome to the participants	Risk prevention		Survival Day
18h30 - 19h00	Family meeting	Family meeting	Family meeting	Family meeting
19h30- 20h30	**Dinner**	**Dinner**	**Dinner**	**Dinner**
21h-...	Getting to know activities	Intercultural evening	Intercultural evening	Intercultural evening

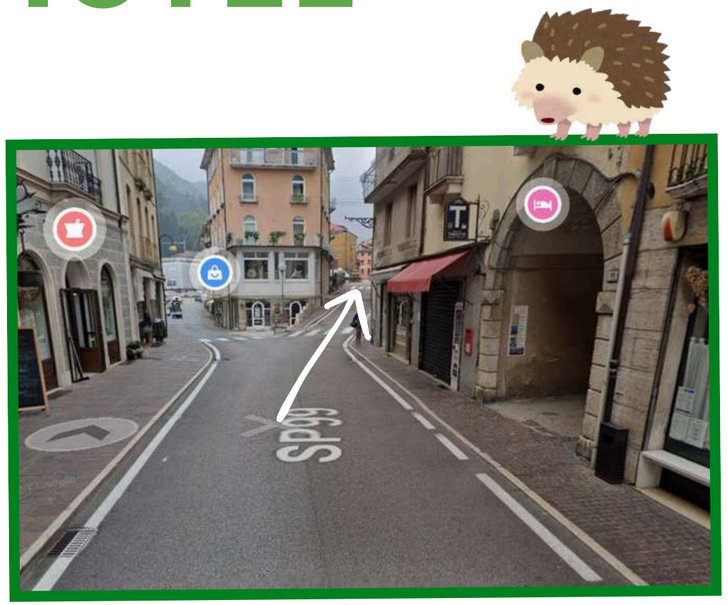
PROGRAMME

	Day 5 - 25/07	Day 6 - 26/07	Day 7 - 27/07	Day 8 - 28/07	Day 9 - 29/07
8h00 - 9h00	**Breakfast** Group Leaders Meeting	**Breakfast** Group Leaders Meeting	**Breakfast** Group Leaders Meeting	**Breakfast** Group Leaders Meeting	**Breakfast**
9h30 - 11h00	Hiking	Getting to know Veneto	Activity proposed by leaders (partner 3)	Reflection on the project	Departure of participants
30 min	**Cofee Break**	**Cofee Break**	**Cofee Break**	**Cofee Break**	
11h30 - 13h00	Hiking		Activity proposed by leaders (partner 4)	Final evaluation	
13h-14h	**Lunch**	**Lunch**	**Lunch**	**Lunch**	
15h00 - 16h30	orienteering	Day to discover cultural heritage of Veneto region	Activity proposed by leaders (partner 5)	Youthpass	
30 min	**Cofee Break**		**Cofee Break**	**Cofee Break**	
17h00 - 18h30			Activity proposed by leaders (partner 6)		
18h30 - 19h00	Family meeting		Family meeting	Family meeting	
19h30-20h30	**Dinner**	**Dinner**	**Dinner**	**Dinner**	
21h-...	Intercultural evening	Karaoke night	Intercultural evening	Italian cultural evening	

HOW TO REACH THE HOTEL



The hotel is around 9 minutes from the station on foot









THANK YOU !

WE CAN'T WAIT TO SEE YOU

progettazione@studioprogetto.org

STUDIO PROGETTO
COOPERATIVA SOCIALE

Co-funded by the European Union